Khalil, a 23 year old male from Yatta-Hebron, is married but has no children and lives with his parents, one sister and seven brothers in a simple house. He is the main supporter of the family working as a low paid laborer hardly able to meet his family’s basic needs.

Khalil acquired a spinal cord injury caused by a work accident. Khalil fell from eight meters height on his back. He is a known case of paraparesis as a result of fracture L1, which led to compression on the spinal cord.

On April 24th, 2011 Khalil was admitted to Bethlehem Arab Society Specialized Rehabilitation and Surgery hospital for assessment and rehabilitation purposes.

On admission, Khalil suffered from general weakness with no movement in both lower limbs as well as no sensation below his left knee or in his right foot. He used a wheel chair for mobility.
and was dependent in bed mobilities, functional activities and activities of daily living, and suffering from incontinence and sexual disturbances.

Khalil was enrolled in an intensive rehabilitation program, which included medical and nursing care, physiotherapy, occupational therapy and psychosocial intervention with the initial aims of improving bed mobilities, functional activities and activities of daily living as well as strengthening the upper and lower limbs, in addition to promoting his psychological well being.

Visible improvement was noted regarding the muscle strength of the upper and lower limbs and independence in bed mobilities, functional activities and activities of daily living; but he continued to suffer from bilateral drop feet, unable to stand or walk. Hence, he was provided with a left long leg brace and a right ankle foot orthosis. At present, he is able to walk alone using bilateral elbow crutches. He was also referred to a neurologist for his sexual dysfunction and obvious improvement was noted.

His psychological state became notably stable and he was well re-integrated back to his home and community. He was also referred to a vocational training setting to help him sustain a living and support his family again.